TEHAMA COUNTY HEALTH SERVICES AGENCY

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PUBLIC SERVICE ANNOUNCEMENT

Coronavirus Disease 2019 (COVID-19)

What is coronavirus disease 2019 (COVID-19) & where did it come from?

Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person. The virus that causes COVID-19 is a novel coronavirus that was first identified during an investigation into an outbreak in Wuhan, China.

How many cases have been reported in California?

As of February 27, 2020, there were 33 cases diagnosed in California, with no deaths reported.

Have there been any cases in Tehama County?

No, at this time there have not been any cases of COVID-19 reported within Tehama County.

What can I do to prevent the spread of respiratory viruses?

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available use an alcohol-based hand sanitizer that contains at least 60% alcohol.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash and wash your hands with soap and water for at least 20 seconds.
- Clean and disinfect frequently touched objects and surfaces.

Do I need to wear a mask?

The Centers for Disease Control & Prevention (CDC) is not recommending that the general public wear masks. However, if you are sick, or suspect you have a virus, they do recommend you should wear a surgical facemask when you are around other people.

Information and Resources:

Please make sure your information is coming from a reliable source; such as the CDC and California Department of Public Health (CDPH). Tehama County Health Services Agency is receiving regular communication from the state and federal health officials

and keeping our local hospital and clinics updated with this information. Here are some links to view current information and resources online, including posters:

- <u>https://www.cdc.gov/coronavirus/2019-ncov/index.html</u>
- <u>https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/ncov2019.as</u>
 <u>px#</u>
- <u>https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/guidance-business-</u> response.html
- <u>https://www.cdc.gov/coronavirus/2019-ncov/communication/factsheets.html</u>